



Sarah Kotlerman
Chiropractor

Dr Sarah Kotlerman BS DC NTP is the Clinical Director for Averio Health Institute.

The Averio Health Institute facilities are pioneering Concentrated Chiropractic Care as a regenerative healthcare model supported by objective testing, patient education, and concentrated chiropractic adjusting.

This model of care includes spinal imaging, functional full-body testing, and appropriate laboratory assessments: blood, stool, urine-based toxicity, and saliva testing to understand the metabolic aspect of spinal damage.

The Concentrated Chiropractic Care paradigm understands that the spine is foundational to both brain function and end-organ tissue function and regeneration.

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