



JD Dudham
Chiropractor

As a child, Dr JD Dudum loved sports, especially basketball. But, in high school, he suffered several basketball injuries, including a few concussions. He was diagnosed with post-concussion syndrome.

'I'd have migraines three to four times a week. I couldn't focus in school and I wasn't allowed to play basketball. It was a pretty horrible time in my life'.

After six months of being referred to several medical specialists who weren't able to help, he was finally referred to a chiropractor. "In four to six weeks, I was headache-free and able to play basketball again! Now I have a passion to help people who are in similar situations."

Dr Dudum earned his Doctor of Chiropractic from Life Chiropractic College West in nearby Hayward, California.

He knew chiropractic could help things like sports injuries, but was amazed at the number of other conditions helped by chiropractic. Conditions like allergies and blood pressure can be significantly improved through the help of chiropractic care.

Dr Dudum loves to reach out and explain the benefits of chiropractic care. 'People sometimes don't have an understanding of how powerful chiropractic care can be. Before I studied chiropractic, I didn't know all the ways chiropractic could help. I want to help people realise that they can feel better'.

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