



Max Bento
Chiropractor

Max grew up in a family that has always used Chiropractic as their primary form of healthcare. Outside of regular adjustment, Max had also grown up seeing his family chiropractor at short notice, either when he recognised his body could use a helping hand or when he knew he had something big coming up like exams or a football match.

Max's family chiropractor is a well-known and experienced Sacro-Occipital Technique chiropractor, and Max regularly recalls the exact adjustment that made him decide to pursue a life in not just receiving chiropractic, but providing and sharing chiropractic with others.

Max has done just that. Max is a chiropractic advocate through and through, and maintains that chiropractic touches every part of his life. He loves questions about the history, philosophy, or technique of chiropractic.

Max graduated with first-class honours from the Anglo-European College of Chiropractic in Bournemouth. Whilst at university, Max held extra roles such as chair of the Chiropractic Philosophy Society, and lectured in Neurology and Radiology. Professionally, he is a member of SOT Europe (SOTe), where he regularly furthers his education and training in Sacro-Occipital Technique. Max is registered with the General Chiropractic Council (GCC) and the British Chiropractic Association (BCA).

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